

Friday 16th October 2020

IT Access Survey

Thank you to everyone who has filled out the access to IT survey. If you haven't had chance to fill it in there is still time. It will give us valuable information about home learning options if school was to close. The link is below.

<https://forms.gle/Et71wamKQD72ov5Z7>

Wellbeing Workshops:

Cygnus Support is an emotional well-being charity based in Northumberland. They have free workshops delivered by their team of qualified counsellors/trainers and will be running the following workshops. They will be running these during the day or in an evening and there is no obligation to attend both, you can join whichever will be most useful for you.

Workshop 1: Looking After Your Child/Young Persons Mental Health and Emotional Well-being

- Understand the factors that impact a child/young person's emotional and mental well-being.
- Learn the common signs and symptoms of potential concerns in relation to children and young people's emotional mental well-being. □ Learn some techniques to support your child/young person's emotional well-being

Workshop 2: Looking After Your Own Well-being

- Understand the factors that impact your own well-being
- Learn to recognise your own mental health needs. □ Learn techniques for practising self-care
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If you would like to know more or to register for a workshop please call 01670 853977 or email admin@cygnussupport.com

Enter our special Halloween themed pumpkin art competition.

Time to get creative and enter our competition - You can take a photo of a pumpkin you have carved at home, a drawing, painting or collage of a pumpkin. You could even include pumpkins in a recipe or a potion and send a photo of it into school.

The winning entries will receive a delicious Halloween sweet surprise.



Entries uploaded onto Dojo by Wednesday 21st October



Well done to this week's Dojo Certificates holders

Reception: Rocco - ambitious

Year 1: James H - resilience

Year 2: Talia - ambitious

Year 3: Teddy – taking pride

Year 4: Lacy - kindness

**Reading at home certificates go to:
Olive, Scott, Olivia, Cody and Tabatha**



WEATHER FORECAST



The weather for the week ahead brought to you by **Annabelle & Ava** in Year 4

Lows of 9 & highs of 12 so Mrs Overton can take Stanley the sausage dog on a walk at the weekend but not through the week. Make sure you bring your coat and wrap up cosy warm. Be prepared for light rain showers with a gentle breeze. Have a lovely week everyone.

PE KIT REMINDER

Thank you for remembering to send your child into school in PE kit. A polite reminder - **Please make sure that they come to school in PE uniform** – this is: A school PE T shirt or plain white T shirt, black or blue shorts and a pair of plimsolls with their school jumper on top. As it is getting colder, they can also wear a pair of plain jogging bottoms on top of their PE shorts. Football strips or heavily branded clothing is not allowed and your child may be asked to change



Stay safe
@ Hexham First

LOCAL COVID ALERT LEVEL IN NORTHUMBERLAND IS HIGH (TIER 2)

Residents must not socialise with other people outside of their own households or support bubble in private homes

Residents must not socialise with other people outside of their own households or support bubble indoors, such as pubs and restaurants (a full list of these venues is below)

Hospitality for food and drink will be restricted to table service only

Late night restriction of operating hours will be introduced, with leisure and entertainment venues required to close between 10pm to 5am.

Residents are also advised to adhere to the following guidance to further reduce rates of infection:

Residents are advised to only use public transport for essential purposes, such as travelling to school or work

Euan's incredible crystal experiment.

Euan was really excited to share his Crystal growing kit. We waited patiently over several days for the liquid to dissolve and crystals to appear – the children were delighted.



Year 3 took part in a 'draw with Rob' lesson. Here are the fantastic drawings



School DIARY

Thursday 1st OCTOBER

National Poetry Day

Friday 2nd OCTOBER

World Smile Day

Saturday 10th October

World Mental Health day

Monday 19th & Tuesday 20th October

Parents Evening phone calls

Tuesday 20th October

School photographer

Thursday 22nd October

Children break up for half term

Friday 23rd October

Teacher training day



Weekly attendance is fantastically high in school. Well done and thank you everyone

Week 1	97 %
Week 2	96 %
Week 3	95 %
Week 4	99 %
Week 5	98 %
Week 6	99 %
Week 7	98 %

Wellbeing Tip of the week

Try to get enough sleep, establish a routine around bedtime to help set a regular sleeping pattern. Give yourself some tech-free time before sleep, and avoid bright screens that can affect your sleep.