



Year 2

Science

Animals including humans (humans)

Lesson

Enquiry Question

- 1 What happens to our bodies when we grow?
- 2 What do animals and humans need to survive?
- 3 Does exercise change my body?
- 4 Can you explain how the different food groups can help us to be healthy?
- 5 What can I do to be hygienic?
- 6



Key vocabulary:

offspring,  
growth,  
Baby toddler  
child teenager  
adult old person

survive, survival,  
water, food, air,  
exercise, heartbeat,  
breathing, disease,

food types  
meat, fish,  
vegetables, bread,  
rice, pasta, dairy)