

Key Facts:

- Hindus believe there is one true God, known as Brahman. He is a 'universal soul', meaning that he is everywhere and in everything.
- There are lots of other gods and goddesses (**deities**) in the Hindu religion but they are believed to be just different forms of God (Brahman).
- Hindus believe that the different deities show different parts of God's personality. They help Hindus to worship God more easily.
- Hindus will often choose a deity to worship depending on what they are praying for or what is important to them.
- Hindus often worship God using statues of the deities, called murtis in puja, either in a home shrine or at the Mandir.
- Hindus' belief in **Atman** means that they try very hard to care for every person, animal and for the planet.

Vocabulary

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	Brahman	The one true God or universal soul that Hindus believe in.
	Deity	A god or goddess. (Plural = Deities)
	Trimurti	The 3 most important gods (forms of the one true God - Brahman). They are Brahma (creator), Vishnu (preserver) and Shiva (destroyer).
	Murtis	Images or statues of Hindu gods or goddesses used to help their worship.
	Puja	The name given by Hindus for worship.
2	Shrine	A place containing a religious statue or object where one can worship.
	Mandir	A Hindu temple where Hindus can go for communal worship.
l	Atman	The Hindu belief that there is a 'spark' of God (Brahman) within everybody.